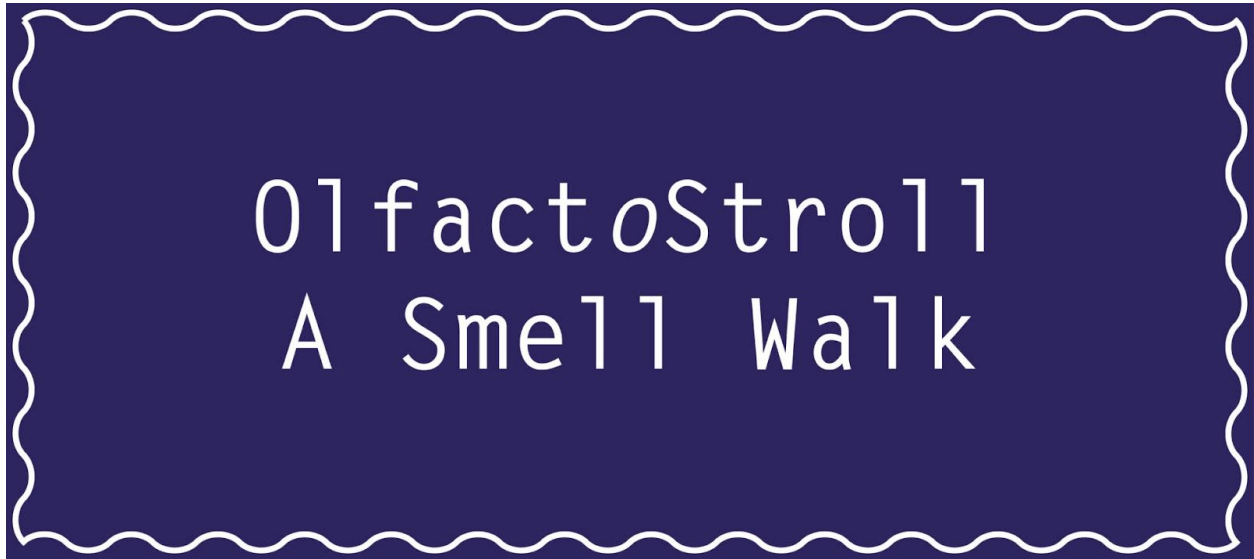




Press Release

For immediate release
Tuesday 9 February 2021



Jan Uprichard, OlfactoStroll banner (2021)

CCA Derry~Londonderry presents OlfactoStroll by artist Jan Uprichard

Friday 29 January 2021–Sunday 21 February 2021

Put on your headphones and join artist [Jan Uprichard](#) on a self-directed smell walk to explore your surroundings with your nose.

Download the podcast from:

[Anchor](#)

[Spotify](#)

[iTunes](#)

Or listen on our [website](#).

For CCA during lockdown Jan has created OlfactoStroll, a smell walk for our city of Derry Londonderry. If you're not local however, you can still listen to the audio anywhere in the world or around your own home to create your own OlfactoStroll. Both walking and smell have taken on added importance during the pandemic. This guided walk offers a different way to experience

familiar surroundings guided by a series of prompts from the artist. The podcast/guided walk is accompanied by a series of Deep Smelling protocols which are visible through our gallery windows and at various spots around the city.

Jan is an artist and freelance curator/producer based in Belfast. She is currently a PhD researcher at Ulster University. OlfactoStroll is grounded in Jan's PhD research, in which she is developing a method of Deep Smelling. Deep Smelling is a meditative, experiential and process-based art practice, which brings our attention to our sense of smell.

As an artist and researcher Jan works with smell as a device to re-programme how we perceive our surroundings, whilst themes of friendship fuel her curatorial practice. Jan's art practice oscillates between participatory events and obsessive research, using smell, walking, archives, mapping, food, sound, film, bookmaking, botany, and interventions as tools.

Jan's hope, as we negotiate the pandemic and try to figure out what a 'new normal' could be, is that we take the opportunity to maintain a slower pace. That we will reflect on our experiences with a quiet activism, that utilises taking time to do nothing but wander around, and in this case, notice what we can smell and sense around us.

* If you are experiencing a loss or distortion of your sense of smell this could be a symptom of Covid-19; please follow guidance to self-isolate and book a test: www.nidirect.gov.uk

AbScent is a UK charity that offers support and advice to people with smell disorders. Their resources include smell training, a technique that can help to stimulate the sense of smell and encourage regeneration of the olfactory nerve. Visit their website at AbScent.org.

If you do not have a device with the ability to play podcasts, email info@cca-derry-londonderry.org to arrange use of an iPod.

ENDS

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+44(0)2871 373538
www.cca-derry-londonderry.org
info@cca-derry-londonderry.org

Opening times:
Tuesday–Saturday
12:00–18:00
Free admission

About CCA Derry~Londonderry:

CCA is a publicly funded space within the historic city walls of Derry~Londonderry. CCA creates opportunities for audiences to experience ambitious, experimental and engaging art and for emerging artists to develop successful careers. CCA fosters a wide range of artistic, curatorial and critical practices through five programme streams: research and production, exhibition-making, public programmes, publishing and residencies.

CCA is a member of Plus Tate:

Plus Tate is a network, which comprises 35 cultural institutions – including the Tate galleries – that have strong artistic vision, a focus on contemporary art, outstanding public programming and a commitment to local community engagement through art. Plus Tate aims to support the development of the visual arts across the UK.

Safety:

CCA has a range of safety measures to ensure staff and visitors can enjoy exhibitions with the knowledge that every precaution is taken. This includes hand sanitisers at entrances and exits, track and trace, screens and heightened cleaning schedules. All who are able to wear a mask are invited to do so and a dedicated isolation room is available in the event of the onset of symptoms.

For further information and additional press images please contact:

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CCA is supported by:

